

<アレルギーについて>

- ・この表は国が「食品表示基準」にて定める「特定原材料」及び「特定原材料に準ずるもの」28品目のうち、原材料に含まれるアレルギーに○印を表示しています。
- ・アレルギーに対する反応は個人によって差があり、この表はお客様にアレルギー症状が発症しないことを保証するものではありません。**お客様ご自身が専門医にご相談のうえ、ご判断ください。**
- ・**28品目以外のアレルギーのご案内は行っていません。**
- ・**食材の変更や取り除く等のアレルギー除去対応は行っていません。**
- ・**店内では、○印以外のアレルギーを含む原材料と共通の設備、調理器具等を使用し調理しているため、意図せずアレルギーの混入（コンタミネーション）が生じています。**

<カロリーについて>

- ・商品のカロリーは、1食当たりのkcal単位で表記しています。
 - ・日本食品標準成分表等及びレシピ等に基づいた計算値ですので、実際の商品には誤差が出る場合があります。
- #### <その他>
- ・お客様ご自身のお好みで追加していただく調味料やトッピング等のカロリー・アレルギーは、商品と組み合わせてご確認ください。
 - ・商品は一部、都合により販売をしていない場合があります。
 - ・酒類（いわゆるノンアルコール飲料を含む）のカロリー・アレルギーについてはご案内は行っていません。また、この表に掲載のないメニューについては、カロリー・アレルギーのご案内ができない場合があります。

<About allergies>

- ・This table indicates allergens present in raw materials specified by Japanese regulations. Among the 28 items, the allergens contained in the ingredients are marked with a circle.
- ・Allergic reactions differ to each individuals , so this list does not guarantee that allergic reactions will not occur.
If you have serious allergies we recommend to consult your doctor before purchasing our food products.
- ・We are only able to provide information about allergies to 28 specific items.
- ・We do not offer allergy-related services, such as changing or removing ingredients.
- ・Our restaurant uses the same equipment and utensils for cooking raw materials that contain allergens other than marked by circle.
So allergen contamination has occurred unintentionally.

<About calories>

- ・Product calories are expressed in kcal units per meal.
- ・Figures are calculated values based on the Japanese Food Standard Composition Table and recipes, so there may be errors in the actual product.

<Others>

- ・Please check the calories and allergens such as seasonings and toppings that you add your preference, in combination with the product.
- ・Some products may be unavailable for sale due to unforeseen circumstances.
- ・We do not provide information on calories or allergies of alcoholic beverages.
Additionally, we may not be able to provide calorie and allergic information for unlisted menus in this table.





























※そば、うどん、中華麺は、同じ釜で茹でておりますのでご注意ください。





























※一部の店舗では異なるつゆを使用しておりますが、アレルギーに相違はありません。カロリーは目安としてご覧ください。





























※「大盛（特盛）増量分」のカロリーは、通常サイズにプラスしてご確認ください。





























※朝食時間帯以外のセット商品は単品を組み合わせてください。





























- ・Note that soba, udon and Chinese noodles are boiled in the same pot.
- ・Some stores use different dipping sauces, but no difference in allergens. Please see calories as an estimate.
- ・Please check the calories of the "large portion" by adding it to the regular size.
- ・Check the combination of single items for set items, other than the breakfast menu.





























| 商品名称 | カロリー 1食当たり (kcal) | アレルギー | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|--|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|-------|---------|-----|------|
| | | 特定原材料 8品目 | | | | | | | | 特定原材料に準ずるもの 20品目 | | | | | | | | | | | | | | | | | | | | | |
| | | えび | かに | くるみ | 小麦 | そば | 卵 | 乳成分 | 落花生 | アーモンド | あわび | いか | いくら | オレンジ | ナッツ | カシュー | フルーツ | 牛肉 | ごま | さけ | さば | 大豆 | 鶏肉 | バナナ | 豚肉 | ナッツ | マカダミア | もも | やまいも | りんご | ゼラチン |
| | | Shrimp | Crab | Walnut | Wheat | Buckwheat | Egg | Milk ingredients | Peanut | Almond | Abalone | Squid | Salmon roe | Orange | Cashew nut | Kiwi fruit | Beef | Sesame | Salmon | Mackerel | Soybean | Chicken | Banana | Pork | Macadamia nut | Peach | Wild Yam | Apple | Gelatin | | |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | | | |
| 【季節そばメニュー】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 冷し国産海苔とろろそば | 420 | | | | ○ | ○ | ○ | | | | | | | | | | | | | ○ | ○ | | | | | | | ○ | | | |
| 国産海苔そば | 338 | | | | ○ | ○ | ○ | | | | | | | | | | | | | ○ | ○ | | | | | | | ○ | | | |
| 冷し国産海苔そば | 343 | | | | ○ | ○ | ○ | | | | | | | | | | | | | ○ | ○ | | | | | | | ○ | | | |
| 冷し肉おろしそば | 421 | | | | ○ | ○ | ○ | | | | | | | | | | | | | ○ | ○ | | ○ | | | | ○ | ○ | | | |
| 冷したぬきおろしそば | 463 | | | | ○ | ○ | ○ | | | | | | | | | | | | | ○ | ○ | | | | | | | ○ | | | |
| 冷し海苔おろしそば | 342 | | | | ○ | ○ | ○ | | | | | | | | | | | | | ○ | ○ | | | | | | | ○ | | | |
| 【季節うどんメニュー】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 冷し国産海苔とろろうどん | 359 | | | | ○ | | | | | | | | | | | | | | | ○ | ○ | | | | | | | ○ | | | |
| 国産海苔うどん | 277 | | | | ○ | | | | | | | | | | | | | | | ○ | ○ | | | | | | | | | | |
| 冷し国産海苔うどん | 282 | | | | ○ | | | | | | | | | | | | | | | ○ | ○ | | | | | | | | | | |
| 冷し肉おろしうどん | 360 | | | | ○ | | | | | | | | | | | | | | | ○ | ○ | | ○ | | | | | ○ | | | |
| 冷したぬきおろしうどん | 402 | | | | ○ | | | | | | | | | | | | | | | ○ | ○ | | | | | | | | | | |
| 冷し海苔おろしうどん | 281 | | | | ○ | | | | | | | | | | | | | | | ○ | ○ | | | | | | | | | | |
| 【朝食メニュー】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【朝得】とろ玉たぬきつねそば | 493 | | | | ○ | ○ | ○ | | | | | | | | | | | | | ○ | ○ | | | | | | | ○ | | | |
| 【朝得】冷しとろ玉たぬきつねそば | 502 | | | | ○ | ○ | ○ | | | | | | | | | | | | | ○ | ○ | | | | | | | ○ | | | |





























| 商品名称 | カロリー 1食当たり (kcal) | アレルギー | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|--|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|-------|---------|-----|------|
| | | 特定原材料 8品目 | | | | | | | 特定原材料に準ずるもの 20品目 | | | | | | | | | | | | | | | | | | | | | | |
| | | えび | かに | くるみ | 小麦 | そば | 卵 | 乳成分 | 落花生 | アーモンド | あわび | いか | いくら | オレンジ | ナッツ | カシュー | フルーツ | 牛肉 | ごま | さけ | さば | 大豆 | 鶏肉 | バナナ | 豚肉 | ナッツ | マカダミア | もも | やまいも | りんご | ゼラチン |
| | | Shrimp | Crab | Walnut | Wheat | Buckwheat | Egg | Milk ingredients | Peanut | Almond | Abalone | Squid | Salmon roe | Orange | Cashew nut | Kiwi fruit | Beef | Sesame | Salmon | Mackerel | Soybean | Chicken | Banana | Pork | Macadamia nut | Peach | Wild Yam | Apple | Gelatin | | |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | | | |
| 【朝得】とろ玉たぬきつねうどん | 432 | | | | ○ | | ○ | | | | | | | | | | | | | | ○ | ○ | | | | | | | | | |
| 【朝得】冷しとろ玉たぬきつねうどん | 441 | | | | ○ | | ○ | | | | | | | | | | | | | | ○ | ○ | | | | | | | | | |
| 【朝得】山菜おろしそば | 338 | | | | ○ | ○ | ○ | | | | | | | | | | | | | | ○ | ○ | | | | | | | ○ | | |
| 【朝得】冷し山菜おろしそば | 347 | | | | ○ | ○ | ○ | | | | | | | | | | | | | | ○ | ○ | | | | | | | ○ | | |
| 【朝得】山菜おろしうどん | 277 | | | | ○ | | | | | | | | | | | | | | | | ○ | ○ | | | | | | | | | |
| 【朝得】冷し山菜おろしうどん | 286 | | | | ○ | | | | | | | | | | | | | | | | ○ | ○ | | | | | | | | | |
| 【定番そばメニュー】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| かけそば | 325 | | | | ○ | ○ | ○ | | | | | | | | | | | | | | ○ | ○ | | | | | | | ○ | | |
| ざるそば | 319 | | | | ○ | ○ | ○ | | | | | | | | | | | | | | ○ | ○ | | | | | | | ○ | | |
| ざるそば2倍盛り | 615 | | | | ○ | ○ | ○ | | | | | | | | | | | | | | ○ | ○ | | | | | | | ○ | | |
| かき揚げそば | 602 | ○ | | | ○ | ○ | ○ | | | | | | | | | | | | | | ○ | ○ | | | | | | | ○ | | |
| 冷しかき揚げそば | 612 | ○ | | | ○ | ○ | ○ | | | | | | | | | | | | | | ○ | ○ | | | | | | | ○ | | |
| かき揚げ天玉そば | 681 | ○ | | | ○ | ○ | ○ | | | | | | | | | | | | | | ○ | ○ | | | | | | | ○ | | |
| 冷しかき揚げ天玉そば | 690 | ○ | | | ○ | ○ | ○ | | | | | | | | | | | | | | ○ | ○ | | | | | | | ○ | | |
| 豚肉そば | 483 | | | | ○ | ○ | ○ | | | | | | | | | | | | | | ○ | ○ | | ○ | | | | ○ | ○ | | |
| 山菜そば | 345 | | | | ○ | ○ | ○ | | | | | | | | | | | | | | ○ | ○ | | | | | | | ○ | | |
| 冷し山菜そば | 354 | | | | ○ | ○ | ○ | | | | | | | | | | | | | | ○ | ○ | | | | | | | ○ | | |

| 商品名称 | カロリー 1食当たり (kcal) | アレルギー | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|--|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|-------|---------|-----|------|
| | | 特定原材料 8品目 | | | | | | | 特定原材料に準ずるもの 20品目 | | | | | | | | | | | | | | | | | | | | | | |
| | | えび | かに | くるみ | 小麦 | そば | 卵 | 乳成分 | 落花生 | アーモンド | あわび | いか | いくら | オレンジ | ナッツ | カシュー | フルーツ | 牛肉 | ごま | さけ | さば | 大豆 | 鶏肉 | バナナ | 豚肉 | ナッツ | マカダミア | もも | やまいも | りんご | ゼラチン |
| | | Shrimp | Crab | Walnut | Wheat | Buckwheat | Egg | Milk ingredients | Peanut | Almond | Abalone | Squid | Salmon roe | Orange | Cashew nut | Kiwi fruit | Beef | Sesame | Salmon | Mackerel | Soybean | Chicken | Banana | Pork | Macadamia nut | Peach | Wild Yam | Apple | Gelatin | | |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | | | |
| カレーそば | 424 | | | | ○ | ○ | ○ | | | | | | | | | | ○ | | | ○ | ○ | | | ○ | | | ○ | | | | |
| コロッケそば | 538 | | | | ○ | ○ | ○ | ○ | | | | | | | | | ○ | | | ○ | ○ | | | | | | | ○ | | | |
| 冷しコロッケそば | 547 | | | | ○ | ○ | ○ | ○ | | | | | | | | | ○ | | | ○ | ○ | | | | | | | ○ | | | |
| きつねそば | 415 | | | | ○ | ○ | ○ | | | | | | | | | | | | | ○ | ○ | | | | | | | ○ | | | |
| 冷しきつねそば | 424 | | | | ○ | ○ | ○ | | | | | | | | | | | | | ○ | ○ | | | | | | | ○ | | | |
| たぬきそば | 446 | | | | ○ | ○ | ○ | | | | | | | | | | | | | ○ | ○ | | | | | | | ○ | | | |
| 冷したぬきそば | 456 | | | | ○ | ○ | ○ | | | | | | | | | | | | | ○ | ○ | | | | | | | ○ | | | |
| わかめそば | 330 | | | | ○ | ○ | ○ | | | | | | | | | | | | | ○ | ○ | | | | | | | ○ | | | |
| 冷しわかめそば | 339 | | | | ○ | ○ | ○ | | | | | | | | | | | | | ○ | ○ | | | | | | | ○ | | | |
| ちくわ天そば | 419 | | | | ○ | ○ | ○ | ○ | | | | | | | | | | | | ○ | ○ | | | | | | | ○ | | | |
| 冷しちくわ天そば | 428 | | | | ○ | ○ | ○ | ○ | | | | | | | | | | | | ○ | ○ | | | | | | | ○ | | | |
| 冷しぶっかけそば | 334 | | | | ○ | ○ | ○ | | | | | | | | | | | | | ○ | ○ | | | | | | | ○ | | | |
| 鴨そば | 450 | | | | ○ | ○ | ○ | | | | | | | | | | | | | ○ | ○ | | | | | | | ○ | | | |
| 鴨つけそば | 441 | | | | ○ | ○ | ○ | | | | | | | | | | | | | ○ | ○ | | | | | | | ○ | | | |
| そば大盛(増量分) ※カロリーは通常サイズにプラスしてご確認ください | 140 | | | | ○ | ○ | ○ | | | | | | | | | | | | | | | | | | | | | ○ | | | |
| 【定番うどんメニュー】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| かけうどん | 264 | | | | ○ | | | | | | | | | | | | | | | ○ | ○ | | | | | | | | | | |

| 商品名称 | カロリー 1食当たり (kcal) | アレルギー | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|--|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|-------|---------|-----|------|
| | | 特定原材料 8品目 | | | | | | | 特定原材料に準ずるもの 20品目 | | | | | | | | | | | | | | | | | | | | | | |
| | | えび | かに | くるみ | 小麦 | そば | 卵 | 乳成分 | 落花生 | アーモンド | あわび | いか | いくら | オレンジ | ナッツ | カシュー | フルーツ | 牛肉 | ごま | さけ | さば | 大豆 | 鶏肉 | バナナ | 豚肉 | ナッツ | マカダミア | もも | やまいち | りんご | ゼラチン |
| | | Shrimp | Crab | Walnut | Wheat | Buckwheat | Egg | Milk ingredients | Peanut | Almond | Abalone | Squid | Salmon roe | Orange | Cashew nut | Kiwi fruit | Beef | Sesame | Salmon | Mackerel | Soybean | Chicken | Banana | Pork | Macadamia nut | Peach | Wild Yam | Apple | Gelatin | | |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | | | |
| ざるうどん | 258 | | | | ○ | | | | | | | | | | | | | | | | ○ | ○ | | | | | | | | | |
| ざるうどん2倍盛り | 493 | | | | ○ | | | | | | | | | | | | | | | | ○ | ○ | | | | | | | | | |
| かき揚げうどん | 542 | ○ | | | ○ | | | | | | | | | | | | | | | | ○ | ○ | | | | | | | | | |
| 冷しかき揚げうどん | 551 | ○ | | | ○ | | | | | | | | | | | | | | | | ○ | ○ | | | | | | | | | |
| かき揚げ天玉うどん | 620 | ○ | | | ○ | | ○ | | | | | | | | | | | | | | ○ | ○ | | | | | | | | | |
| 冷しかき揚げ天玉うどん | 629 | ○ | | | ○ | | ○ | | | | | | | | | | | | | | ○ | ○ | | | | | | | | | |
| 豚肉うどん | 422 | | | | ○ | | | | | | | | | | | | | | | | ○ | ○ | | ○ | | | | | ○ | | |
| 山菜うどん | 284 | | | | ○ | | | | | | | | | | | | | | | | ○ | ○ | | | | | | | | | |
| 冷し山菜うどん | 293 | | | | ○ | | | | | | | | | | | | | | | | ○ | ○ | | | | | | | | | |
| カレーうどん | 363 | | | | ○ | | | | | | | | | | | | ○ | | | | ○ | ○ | | ○ | | | | | | | |
| コロッケうどん | 477 | | | | ○ | | | ○ | | | | | | | | | ○ | | | | ○ | ○ | | | | | | | | | |
| 冷しコロッケうどん | 487 | | | | ○ | | | ○ | | | | | | | | | ○ | | | | ○ | ○ | | | | | | | | | |
| きつねうどん | 354 | | | | ○ | | | | | | | | | | | | | | | | ○ | ○ | | | | | | | | | |
| 冷しきつねうどん | 363 | | | | ○ | | | | | | | | | | | | | | | | ○ | ○ | | | | | | | | | |
| たぬきうどん | 386 | | | | ○ | | | | | | | | | | | | | | | | ○ | ○ | | | | | | | | | |
| 冷したぬきうどん | 395 | | | | ○ | | | | | | | | | | | | | | | | ○ | ○ | | | | | | | | | |
| わかめうどん | 269 | | | | ○ | | | | | | | | | | | | | | | | ○ | ○ | | | | | | | | | |

| 商品名称 | カロリー 1食当たり (kcal) | アレルギー | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|--|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|-------|---------|-----|------|
| | | 特定原材料 8品目 | | | | | | | 特定原材料に準ずるもの 20品目 | | | | | | | | | | | | | | | | | | | | | | |
| | | えび | かに | くるみ | 小麦 | そば | 卵 | 乳成分 | 落花生 | アーモンド | あわび | いか | いくら | オレンジ | ナッツ | カシュー | フルーツ | 牛肉 | ごま | さけ | さば | 大豆 | 鶏肉 | バナナ | 豚肉 | ナッツ | マカダミア | もも | やまいも | りんご | ゼラチン |
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|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | | | |
| 冷しわかめうどん | 278 | | | | ○ | | | | | | | | | | | | | | | | ○ | ○ | | | | | | | | | |
| ちくわ天うどん | 358 | | | | ○ | | ○ | ○ | | | | | | | | | | | | | ○ | ○ | | | | | | | | | |
| 冷しちくわ天うどん | 368 | | | | ○ | | ○ | ○ | | | | | | | | | | | | | ○ | ○ | | | | | | | | | |
| 冷しぶっかけうどん | 274 | | | | ○ | | | | | | | | | | | | | | | | ○ | ○ | | | | | | | | | |
| 鴨うどん | 389 | | | | ○ | | | | | | | | | | | | | | | | ○ | ○ | | | | | | | | | |
| 鴨つけうどん | 381 | | | | ○ | | | | | | | | | | | | | | | | ○ | ○ | | | | | | | | | |
| うどん大盛（増量分）※カロリーは通常サイズにプラスしてご確認ください | 109 | | | | ○ | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【定番中華麺メニュー】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 中華そば | 435 | | | | ○ | | ○ | | | | | | | | | | | | | | ○ | ○ | ○ | | ○ | | | | | | |
| チャーシューメン | 536 | | | | ○ | | ○ | | | | | | | | | | | | | | ○ | ○ | ○ | | ○ | | | | | | |
| 【ごはんメニュー】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| カレーライス | 448 | | | | ○ | | | | | | | | | | | | ○ | | | | ○ | | | ○ | | | | | | | |
| ミニカレー（単品・カレーセット用） | 306 | | | | ○ | | | | | | | | | | | | ○ | | | | ○ | | | ○ | | | | | | | |
| 単品ライス | 226 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 単品いなり | 207 | | | | ○ | | | | | | | | | | | | | | | | ○ | | | | | | | | | | |
| 単品ミニ豚丼（生姜焼き） | 464 | | | | ○ | | ○ | | | | | ○ | | | | | | | | | ○ | | | ○ | | | | | ○ | | |
| 【単品メニュー】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

| 商品名称 | カロリー 1食当たり (kcal) | アレルギー | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|-------|---------|-----|------|--|
| | | 特定原材料 8品目 | | | | | | | 特定原材料に準ずるもの 20品目 | | | | | | | | | | | | | | | | | | | | | | | |
| | | えび | かに | くるみ | 小麦 | そば | 卵 | 乳成分 | 落花生 | アーモンド | あわび | いか | いくら | オレンジ | ナッツ | カシュー | フルーツ | 牛肉 | ごま | さけ | さば | 大豆 | 鶏肉 | バナナ | 豚肉 | ナッツ | マカダミア | もも | やまいも | りんご | ゼラチン | |
| | | Shrimp | Crab | Walnut | Wheat | Buckwheat | Egg | Milk ingredients | Peanut | Almond | Abalone | Squid | Salmon roe | Orange | Cashew nut | Kiwi fruit | Beef | Sesame | Salmon | Mackerel | Soybean | Chicken | Banana | Pork | Macadamia nut | Peach | Wild Yam | Apple | Gelatin | | | |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | | | | |
| 単品かき揚げ | 277 | ○ | | | ○ | | | | | | | | | | | | | | | | ○ | | | | | | | | | | | |
| 単品クロッケ | 213 | | | | ○ | | ○ | | | | | | | | | ○ | | | | | ○ | | | | | | | | | | | |
| 単品ちくわ天 | 94 | | | | ○ | | ○ | ○ | | | | | | | | | | | | | ○ | | | | | | | | | | | |
| 単品たぬき | 121 | | | | ○ | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 単品きつね | 90 | | | | ○ | | | | | | | | | | | | | | | | | ○ | | | | | | | | | | |
| 単品山菜 | 20 | | | | ○ | | | | | | | | | | | | | | | | | ○ | | | | | | | | | | |
| 単品たまご | 78 | | | | | | ○ | | | | | | | | | | | | | | | | | | | | | | | | | |
| 単品半熟玉子 | 62 | | | | | | ○ | | | | | | | | | | | | | | | | | | | | | | | | | |
| 単品おろし | 10 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 単品わかめ | 5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 単品チャーシュー | 100 | | | | ○ | | ○ | | | | | | | | | | | | | | | ○ | | ○ | | | | | | | | |
| 単品豚肉 | 158 | | | | ○ | | | | | | | | | | | | | | | | | ○ | | ○ | | | | | ○ | | | |
| 単品薬味ねぎ | 11 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 単品刻み海苔 | 8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 単品鴨肉 | 125 | | | | ○ | | | | | | | | | | | | | | | | | ○ | | | | | | | | | | |
| 単品とろろ | 38 | | | | | | | | | | | | | | | | | | | | | | | | | | | | ○ | | | |
| 単品 国産海苔 | 9 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

| 商品名称 | カロリー | アレルギー | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------------|---|---|---|---|---|---|---|--|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---------|-----|------|
| | | 特定原材料 8品目 | | | | | | | 特定原材料に準ずるもの 20品目 | | | | | | | | | | | | | | | | | | | | | | |
| | | えび | かに | くるみ | 小麦 | そば | 卵 | 乳成分 | 落花生 | アーモンド | あわび | いか | いくら | オレンジ | ナッツ | カシュー | フルーツ | 牛肉 | ごま | さけ | さば | 大豆 | 鶏肉 | バナナ | 豚肉 | ナッツ | マカダミア | もも | やまいも | りんご | ゼラチン |
| | | Shrimp | Crab | Walnut | Wheat | Buckwheat | Egg | Milk ingredients | Peanut | Almond | Abalone | Squid | Salmon roe | Orange | Cashew nut | Kiwi fruit | Beef | Sesame | Salmon | Mackerel | Soybean | Chicken | Banana | Pork | Macadamia nut | Peach | Wild Yam | Apple | Gelatin | | |
| 1食当たり (kcal) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | | |
| 【卓上品】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 七味唐辛子（卓上）カロリーは1gあたり | 4 | | | | | | | | | | | | | | | | | ○ | | | | | | | | | | | | | |
| いりごま白（卓上）カロリーは1gあたり | 6 | | | | | | | | | | | | | | | | | ○ | | | | | | | | | | | | | |
| 醤油（卓上）カロリーは5ccあたり | 4 | | | | ○ | | | | | | | | | | | | | | | | ○ | | | | | | | | | | |
| コシヨー（卓上）カロリーは1gあたり | 4 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【店舗限定メニュー（立川）】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| おでんそば（さつま揚げ） | 440 | | | | ○ | ○ | ○ | | | | | | | | | | | | | | ○ | ○ | | | | | | | ○ | | |
| おでんそば（がんもどき） | 503 | | | | ○ | ○ | ○ | | | | | | | | | | | ○ | | ○ | ○ | | | | | | | | ○ | | |
| おでんそば（たまご） | 504 | | | | ○ | ○ | ○ | | | | | | | | | | | | | ○ | ○ | | | | | | | | ○ | | |
| おでんそば（たまご、がんもどき） | 503 | | | | ○ | ○ | ○ | | | | | | | | | | | ○ | | ○ | ○ | | | | | | | | ○ | | |
| おでんうどん（さつま揚げ） | 379 | | | | ○ | | | | | | | | | | | | | | | | ○ | ○ | | | | | | | | | |
| おでんうどん（がんもどき） | 442 | | | | ○ | | | | | | | | | | | | | ○ | | ○ | ○ | | | | | | | | | | |
| おでんうどん（たまご） | 443 | | | | ○ | | ○ | | | | | | | | | | | | | | ○ | ○ | | | | | | | | | |
| おでんうどん（たまご、がんもどき） | 442 | | | | ○ | | ○ | | | | | | | | | | | ○ | | ○ | ○ | | | | | | | | | | |
| 単品さつま揚げ | 94 | | | | ○ | | | | | | | | | | | | | | | | ○ | ○ | | | | | | | | | |
| 単品がんもどき | 78 | | | | ○ | | | | | | | | | | | | | ○ | | ○ | ○ | | | | | | | | | | |
| 単品煮たまご | 79 | | | | ○ | | ○ | | | | | | | | | | | | | | ○ | ○ | | | | | | | | | |

| 商品名称 | カロリー | アレルギー | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|----------------|--------------|-----------|------|--------|-------|-----------|-----|------------------|--------|------------------|---------|-------|------------|--------|------------|------------|------|--------|--------|----------|---------|---------|--------|------|---------------|-------|----------|-------|---------|-----|------|
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| | | えび | かに | くるみ | 小麦 | そば | 卵 | 乳成分 | 落花生 | アーモンド | あわび | いか | いくら | オレンジ | ナッツ | カシュー | フルーツ | 牛肉 | ごま | さけ | さば | 大豆 | 鶏肉 | バナナ | 豚肉 | ナッツ | マカダミア | もも | やまいも | りんご | ゼラチン |
| | | Shrimp | Crab | Walnut | Wheat | Buckwheat | Egg | Milk ingredients | Peanut | Almond | Abalone | Squid | Salmon roe | Orange | Cashew nut | Kiwi fruit | Beef | Sesame | Salmon | Mackerel | Soybean | Chicken | Banana | Pork | Macadamia nut | Peach | Wild Yam | Apple | Gelatin | | |
| | 1食当たり (kcal) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【店舗限定メニュー（土浦）】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ミニまんぷく豚丼 | 460 | | | | ○ | | ○ | | | | | | | | | | | | | | | ○ | ○ | | ○ | | | | ○ | | |