

<アレルギーについて>

- ・この表は国が「食品表示基準」にて定める「特定原材料」及び「特定原材料に準ずるもの」28品目のうち、原材料に含まれるアレルゲンに○印を表示しています。
- ・アレルゲンに対する反応は個人によって差があり、この表はお客さまにアレルギー症状が発症しないことを保証するものではありません。
お客さまご自身が専門医にご相談のうえ、ご判断ください。
- ・店内では、○印以外のアレルゲンを含む原材料と共通の設備、調理器具等を使用し調理しています。
- ・「特定原材料に準ずるもの」に追加となったマカダミアナッツについては現在、調査中です。

<カロリーについて>

- ・商品のカロリーは、1食当たりのkcal単位で表記しています。
- ・日本食品標準成分表等及びレシピ等に基づいた計算値ですので、実際の商品には誤差が出る場合があります。

<その他>

- ・お客さまご自身のお好みで追加していただく調味料やトッピング等のカロリー・アレルゲンは、商品と組み合わせてご確認ください。
- ・商品は一部、売り切れもしくは取り扱いを終了している場合があります。
- ・酒類（いわゆるノンアルコール飲料を含む）のカロリー・アレルゲンについてはご案内を行っておりません。
また、この表に掲載のないメニューについては、カロリー・アレルゲンのご案内ができない場合があります。

<About allergies>

- ・This table indicates allergens present in raw materials specified by Japanese regulations. Among the 28 items, the allergens contained in the ingredients are marked with a circle.
- ・Allergic reactions differ to each individuals , so this list does not guarantee that allergic reactions will not occur.
If you have serious allergies we recommend to consult your doctor before purchasing our food products.
- ・Our restaurant uses the same equipment and utensils for cooking raw materials that contain allergens other than marked by circle.
- ・We are currently researching macadamia nuts, which have been added to the list of "specified raw materials".

<About calories>

- ・Product calories are expressed in kcal units per meal.
- ・Figures are calculated values based on the Japanese Food Standard Composition Table and recipes, so there may be errors in the actual product.

<Others>

- ・Please check the calories and allergens such as seasonings and toppings that you add your preference, in combination with the product.
- ・Some products may be sold out or no longer available.
- ・We do not provide information on calories or allergies of alcoholic beverages.
Additionally, we may not be able to provide calorie and allergic information for unlisted menus in this table.





























※そば、うどん、中華麺は、同じ釜で茹でておりますのでご注意ください。





























※一部の店舗では異なるつゆを使用しておりますが、アレルゲンに相違はありません。カロリーは目安としてご覧ください。





























※「大盛（特盛）増量分」のカロリーは、通常サイズにプラスしてご確認ください。





























※朝食時間帯以外のセット商品は単品を組み合わせてください。





























- ・Note that soba, udon and Chinese noodles are boiled in the same pot.
- ・Some stores use different dipping sauces, but no difference in allergens. Please see calories as an estimate.
- ・Please check the calories of the "large portion" by adding it to the regular size.
- ・Check the combination of single items for set items, other than the breakfast menu.

| 商品名称 | カロリー | アレルギー | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|---|---|---|---|---|---|---|---|--|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---------|------|
| | | 特定原材料 8品目 | | | | | | | 特定原材料に準ずるもの 20品目 | | | | | | | | | | | | | | | | | | | | | |
| | | えび | かに | くるみ | 小麦 | そば | 卵 | 乳成分 | 落花生 | アーモンド | あわび | いか | いくら | オレンジ | ナッツ | カシュー | キウイ | 牛肉 | ごま | さけ | さば | 大豆 | 鶏肉 | バナナ | 豚肉 | まいたけ | もも | やまいも | りんご | ゼラチン |
| | | Shrimp | Crab | Walnut | Wheat | Buckwheat | Egg | Milk ingredients | Peanut | Almond | Abalone | Squid | Salmon roe | Orange | Cashew nut | Kiwi fruit | Beef | Sesame | Salmon | Mackerel | Soybean | Chicken | Banana | Pork | Maitake mushroom | Peach | Wild yam | Apple | Gelatin | |
| 1食当たり (kcal) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | |
| 【季節そばメニュー】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 紅生姜天そば | 458 | | | | ○ | ○ | ○ | | | | | | | | | | | | | ○ | ○ | | | | | | | ○ | | |
| 冷し紅生姜天そば | 467 | | | | ○ | ○ | ○ | | | | | | | | | | | | | ○ | ○ | | | | | | | ○ | | |
| 豚肉白菜あんかけそば | 369 | | | | ○ | ○ | ○ | ○ | | | | | | | | | | | | ○ | ○ | | | ○ | | | | ○ | | |
| きつねそば 具2倍盛り | 505 | | | | ○ | ○ | ○ | | | | | | | | | | | | | ○ | ○ | | | | | | | ○ | | |
| 冷やしきつねそば 具2倍盛り | 514 | | | | ○ | ○ | ○ | | | | | | | | | | | | | ○ | ○ | | | | | | | ○ | | |
| わかめそば 具2倍盛り | 332 | | | | ○ | ○ | ○ | | | | | | | | | | | | | ○ | ○ | | | | | | | ○ | | |
| 冷やしわかめそば 具2倍盛り | 341 | | | | ○ | ○ | ○ | | | | | | | | | | | | | ○ | ○ | | | | | | | ○ | | |
| 【季節うどんメニュー】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 紅生姜天うどん | 397 | | | | ○ | | | | | | | | | | | | | | | ○ | ○ | | | | | | | | | |
| 冷し紅生姜天うどん | 406 | | | | ○ | | | | | | | | | | | | | | | ○ | ○ | | | | | | | | | |
| 豚肉白菜あんかけうどん | 308 | | | | ○ | | | ○ | | | | | | | | | | | | ○ | ○ | | | ○ | | | | | | |
| きつねうどん 具2倍盛り | 444 | | | | ○ | | | | | | | | | | | | | | | ○ | ○ | | | | | | | | | |
| 冷やしきつねうどん 具2倍盛り | 453 | | | | ○ | | | | | | | | | | | | | | | ○ | ○ | | | | | | | | | |
| わかめうどん 具2倍盛り | 271 | | | | ○ | | | | | | | | | | | | | | | ○ | ○ | | | | | | | | | |
| 冷やしわかめうどん 具2倍盛り | 281 | | | | ○ | | | | | | | | | | | | | | | ○ | ○ | | | | | | | | | |
| 【季節単品メニュー】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |





























| 商品名称 | カロリー | アレルギー | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|---|---|---|---|---|---|---|---|--|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---------|------|
| | | 特定原材料 8品目 | | | | | | | 特定原材料に準ずるもの 20品目 | | | | | | | | | | | | | | | | | | | | | |
| | | えび | かに | くるみ | 小麦 | そば | 卵 | 乳成分 | 落花生 | アーモンド | あわび | いか | いくら | オレンジ | ナッツ | カシュー | キウイ | 牛肉 | ごま | さけ | さば | 大豆 | 鶏肉 | バナナ | 豚肉 | まつたけ | もも | やまいも | りんご | ゼラチン |
| | | Shrimp | Crab | Walnut | Wheat | Buckwheat | Egg | Milk ingredients | Peanut | Almond | Abalone | Squid | Salmon roe | Orange | Cashew nut | Kiwi fruit | Beef | Sesame | Salmon | Mackerel | Soybean | Chicken | Banana | Pork | Matsutake mushroom | Peach | Wild Yam | Apple | Gelatin | |
| 1食当たり (kcal) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | |
| 単品 紅生姜天 | 133 | | | | ○ | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【朝食メニュー】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【朝得】とろ玉たぬきつねそば | 493 | | | | ○ | ○ | ○ | | | | | | | | | | | | | ○ | ○ | | | | | | | ○ | | |
| 【朝得】冷しとろ玉たぬきつねそば | 502 | | | | ○ | ○ | ○ | | | | | | | | | | | | | ○ | ○ | | | | | | | ○ | | |
| 【朝得】とろ玉たぬきつねうどん | 432 | | | | ○ | | ○ | | | | | | | | | | | | | ○ | ○ | | | | | | | | | |
| 【朝得】冷しとろ玉たぬきつねうどん | 441 | | | | ○ | | ○ | | | | | | | | | | | | | ○ | ○ | | | | | | | | | |
| 【朝得】山菜おろしそば | 337 | | | | ○ | ○ | ○ | | | | | | | | | | | | | ○ | ○ | | | | | | | ○ | | |
| 【朝得】冷し山菜おろしそば | 347 | | | | ○ | ○ | ○ | | | | | | | | | | | | | ○ | ○ | | | | | | | ○ | | |
| 【朝得】山菜おろしうどん | 276 | | | | ○ | | | | | | | | | | | | | | | ○ | ○ | | | | | | | | | |
| 【朝得】冷し山菜おろしうどん | 286 | | | | ○ | | | | | | | | | | | | | | | ○ | ○ | | | | | | | | | |
| 【定番そばメニュー】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| かけそば | 325 | | | | ○ | ○ | ○ | | | | | | | | | | | | | ○ | ○ | | | | | | | ○ | | |
| ざるそば | 319 | | | | ○ | ○ | ○ | | | | | | | | | | | | | ○ | ○ | | | | | | | ○ | | |
| ざるそば2倍盛り | 615 | | | | ○ | ○ | ○ | | | | | | | | | | | | | ○ | ○ | | | | | | | ○ | | |
| かき揚げそば（国分寺店を除く） | 602 | ○ | | | ○ | ○ | ○ | | | | | | | | | | | | | ○ | ○ | | | | | | | ○ | | |
| 冷しかき揚げそば（国分寺店を除く） | 612 | ○ | | | ○ | ○ | ○ | | | | | | | | | | | | | ○ | ○ | | | | | | | ○ | | |
| かき揚げ天玉そば（国分寺店を除く） | 681 | ○ | | | ○ | ○ | ○ | | | | | | | | | | | | | ○ | ○ | | | | | | | ○ | | |





























| 商品名称 | カロリー | アレルギー | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| | | Shrimp | Crab | Walnut | Wheat | Buckwheat | Egg | Milk ingredients | Peanut | Almond | Abalone | Squid | Salmon roe | Orange | Cashew nut | Kiwi fruit | Beef | Sesame | Salmon | Mackerel | Soybean | Chicken | Banana | Pork | Matsutake mushroom | Peach | Wild yam | Apple | Gelatin | |
| 1食当たり (kcal) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | |
| 冷しかき揚げ天玉そば（国分寺店を除く） | 690 | ○ | | | ○ | ○ | ○ | | | | | | | | | | | | | | ○ | ○ | | | | | | ○ | | |
| 豚肉そば | 509 | | | | ○ | ○ | ○ | | | | | | | | | | | | | | ○ | ○ | | ○ | | | | ○ | ○ | |
| 山菜そば | 345 | | | | ○ | ○ | ○ | | | | | | | | | | | | | | ○ | ○ | | | | | | ○ | | |
| 冷し山菜そば | 354 | | | | ○ | ○ | ○ | | | | | | | | | | | | | | ○ | ○ | | | | | | ○ | | |
| カレーそば | 424 | | | | ○ | ○ | ○ | | | | | | | | | | ○ | | | | ○ | ○ | | ○ | | | | ○ | | |
| コロッケそば | 538 | | | | ○ | ○ | ○ | ○ | | | | | | | | | ○ | | | | ○ | ○ | | | | | | ○ | | |
| 冷しコロッケそば | 547 | | | | ○ | ○ | ○ | ○ | | | | | | | | | ○ | | | | ○ | ○ | | | | | | ○ | | |
| きつねそば | 415 | | | | ○ | ○ | ○ | | | | | | | | | | | | | | ○ | ○ | | | | | | ○ | | |
| 冷しきつねそば | 424 | | | | ○ | ○ | ○ | | | | | | | | | | | | | | ○ | ○ | | | | | | ○ | | |
| たぬきそば | 446 | | | | ○ | ○ | ○ | | | | | | | | | | | | | | ○ | ○ | | | | | | ○ | | |
| 冷したぬきそば | 456 | | | | ○ | ○ | ○ | | | | | | | | | | | | | | ○ | ○ | | | | | | ○ | | |
| わかめそば | 329 | | | | ○ | ○ | ○ | | | | | | | | | | | | | | ○ | ○ | | | | | | ○ | | |
| 冷しわかめそば | 338 | | | | ○ | ○ | ○ | | | | | | | | | | | | | | ○ | ○ | | | | | | ○ | | |
| ちくわ天そば | 426 | | | | ○ | ○ | ○ | | | | | | | | | | | | | | ○ | ○ | | | | | | ○ | | |
| 冷しちくわ天そば | 435 | | | | ○ | ○ | ○ | | | | | | | | | | | | | | ○ | ○ | | | | | | ○ | | |
| 冷しぶっかけそば | 334 | | | | ○ | ○ | ○ | | | | | | | | | | | | | | ○ | ○ | | | | | | ○ | | |
| 冷しおろしそば | 348 | | | | ○ | ○ | ○ | | | | | | | | | | | | | | ○ | ○ | | | | | | ○ | | |

| 商品名称 | カロリー | アレルギー | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------------------------|------|--------------|---|---|---|---|---|---|---|---|--|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | 特定原材料 8品目 | | | | | | | 特定原材料に準ずるもの 20品目 | | | | | | | | | | | | | | | | | | | | | |
| | | えび | かに | くるみ | 小麦 | そば | 卵 | 乳成分 | 落花生 | アーモンド | あわび | いか | いくら | オレンジ | ナッツ | カシュー | キウイ | 牛肉 | ごま | さけ | さば | 大豆 | 鶏肉 | バナナ | 豚肉 | まいたけ | もも | やまいも | りんご | ゼラチン |
| | | Shrimp | Crab | Walnut | Wheat | Buckwheat | Egg | Milk ingredients | Peanut | Almond | Abalone | Squid | Salmon roe | Orange | Cashew nut | Kiwi fruit | Beef | Sesame | Salmon | Mackerel | Soybean | Chicken | Banana | Pork | Maitake mushroom | Peach | Wild yam | Apple | Gelatin | |
| | | 1食当たり (kcal) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 鴨そば | 450 | | | | ○ | ○ | ○ | | | | | | | | | | | | | | ○ | ○ | | | | | | ○ | | |
| 鴨つけそば | 441 | | | | ○ | ○ | ○ | | | | | | | | | | | | | | ○ | ○ | | | | | | ○ | | |
| そば大盛（増量分）※カロリーは通常サイズにプラスしてご確認ください | 140 | | | | ○ | ○ | ○ | | | | | | | | | | | | | | | | | | | | | ○ | | |
| 【定番うどんメニュー】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| かけうどん | 264 | | | | ○ | | | | | | | | | | | | | | | | ○ | ○ | | | | | | | | |
| ざるうどん | 258 | | | | ○ | | | | | | | | | | | | | | | | ○ | ○ | | | | | | | | |
| ざるうどん2倍盛り | 493 | | | | ○ | | | | | | | | | | | | | | | | ○ | ○ | | | | | | | | |
| かき揚げうどん（国分寺店を除く） | 542 | ○ | | | ○ | | | | | | | | | | | | | | | | ○ | ○ | | | | | | | | |
| 冷しかき揚げうどん（国分寺店を除く） | 551 | ○ | | | ○ | | | | | | | | | | | | | | | | ○ | ○ | | | | | | | | |
| かき揚げ天玉うどん（国分寺店を除く） | 620 | ○ | | | ○ | | ○ | | | | | | | | | | | | | | ○ | ○ | | | | | | | | |
| 冷しかき揚げ天玉うどん（国分寺店を除く） | 629 | ○ | | | ○ | | ○ | | | | | | | | | | | | | | ○ | ○ | | | | | | | | |
| 豚肉うどん | 448 | | | | ○ | | | | | | | | | | | | | | | | ○ | ○ | | ○ | | | | | | ○ |
| 山菜うどん | 284 | | | | ○ | | | | | | | | | | | | | | | | ○ | ○ | | | | | | | | |
| 冷し山菜うどん | 293 | | | | ○ | | | | | | | | | | | | | | | | ○ | ○ | | | | | | | | |
| カレーうどん | 363 | | | | ○ | | | | | | | | | | | | ○ | | | | ○ | ○ | | ○ | | | | | | |
| コロッケうどん | 477 | | | | ○ | | | ○ | | | | | | | | | ○ | | | | ○ | ○ | | | | | | | | |

| 商品名称 | カロリー | アレルギー | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| | | えび | かに | くるみ | 小麦 | そば | 卵 | 乳成分 | 落花生 | アーモンド | あわび | いか | いくら | オレンジ | ナッツ | カシュー | フルーツ | 牛肉 | ごま | さけ | さば | 大豆 | 鶏肉 | バナナ | 豚肉 | まつたけ | もも | やまいも | りんご | ゼラチン |
| | | Shrimp | Crab | Walnut | Wheat | Buckwheat | Egg | Milk ingredients | Peanut | Almond | Abalone | Squid | Salmon roe | Orange | Cashew nut | Kiwi fruit | Beef | Sesame | Salmon | Mackerel | Soybean | Chicken | Banana | Pork | Matsutake mushroom | Peach | Wild yam | Apple | Gelatin | |
| 1食当たり (kcal) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | |
| 冷しコロッケうどん | 487 | | | | ○ | | ○ | | | | | | | | | | ○ | | | ○ | ○ | | | | | | | | | |
| きつねうどん | 354 | | | | ○ | | | | | | | | | | | | | | | ○ | ○ | | | | | | | | | |
| 冷しきつねうどん | 363 | | | | ○ | | | | | | | | | | | | | | | ○ | ○ | | | | | | | | | |
| たぬきうどん | 386 | | | | ○ | | | | | | | | | | | | | | | ○ | ○ | | | | | | | | | |
| 冷したぬきうどん | 395 | | | | ○ | | | | | | | | | | | | | | | ○ | ○ | | | | | | | | | |
| わかめうどん | 268 | | | | ○ | | | | | | | | | | | | | | | ○ | ○ | | | | | | | | | |
| 冷しわかめうどん | 277 | | | | ○ | | | | | | | | | | | | | | | ○ | ○ | | | | | | | | | |
| ちくわ天うどん | 365 | | | | ○ | | ○ | | | | | | | | | | | | | ○ | ○ | | | | | | | | | |
| 冷しちくわ天うどん | 375 | | | | ○ | | ○ | | | | | | | | | | | | | ○ | ○ | | | | | | | | | |
| 冷しぶっかけうどん | 274 | | | | ○ | | | | | | | | | | | | | | | ○ | ○ | | | | | | | | | |
| 冷しおろしうどん | 287 | | | | ○ | | | | | | | | | | | | | | | ○ | ○ | | | | | | | | | |
| 鴨うどん | 389 | | | | ○ | | | | | | | | | | | | | | | ○ | ○ | | | | | | | | | |
| 鴨つけうどん | 381 | | | | ○ | | | | | | | | | | | | | | | ○ | ○ | | | | | | | | | |
| うどん大盛(増量分) ※カロリーは通常サイズにプラスしてご確認ください | 109 | | | | ○ | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【定番中華麺メニュー】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 中華そば | 435 | | | | ○ | | ○ | | | | | | | | | | | | | | ○ | ○ | ○ | | ○ | | | | | |

| 商品名称 | カロリー | アレルギー | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|-------------------|------|-----------|------|--------|-------|-----------|-----|------------------|------------------|--------|---------|-------|------------|--------|------------|------------|------|--------|--------|----------|---------|---------|--------|------|--------------------|-------|----------|-------|---------|------|
| | | 特定原材料 8品目 | | | | | | | 特定原材料に準ずるもの 20品目 | | | | | | | | | | | | | | | | | | | | | |
| | | えび | かに | くるみ | 小麦 | そば | 卵 | 乳成分 | 落花生 | アーモンド | あわび | いか | いくら | オレンジ | ナッツ | カシュー | キウイ | 牛肉 | ごま | さけ | さば | 大豆 | 鶏肉 | バナナ | 豚肉 | まつたけ | もも | やまいも | りんご | ゼラチン |
| | | Shrimp | Crab | Walnut | Wheat | Buckwheat | Egg | Milk ingredients | Peanut | Almond | Abalone | Squid | Salmon roe | Orange | Cashew nut | Kiwi fruit | Beef | Sesame | Salmon | Mackerel | Soybean | Chicken | Banana | Pork | Matsutake mushroom | Peach | Wild yam | Apple | Gelatin | |
| 1食当たり (kcal) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| チャーシューメン | 536 | | | | ○ | ○ | | | | | | | | | | | | | | ○ | ○ | ○ | | ○ | | | | | | |
| 【ごはんメニュー】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| カレーライス | 460 | | | | ○ | | | | | | | | | | | | ○ | | | | ○ | | | ○ | | | | | | |
| ミニカレー（単品・カレーセット用） | 315 | | | | ○ | | | | | | | | | | | | ○ | | | | ○ | | | ○ | | | | | | |
| 単品ライス | 235 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 単品いなり | 207 | | | | ○ | | | | | | | | | | | | | | | | ○ | | | | | | | | | |
| 単品ミニ豚丼（生姜焼き） | 500 | | | | ○ | ○ | | | | | | ○ | | | | | | | | | ○ | | | ○ | | | | ○ | | |
| 【単品メニュー】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 単品かき揚げ（国分寺店を除く） | 277 | ○ | | | ○ | | | | | | | | | | | | | | | | ○ | | | | | | | | | |
| 単品コロッケ | 213 | | | | ○ | | ○ | | | | | | | | | | ○ | | | | ○ | | | | | | | | | |
| 単品ちくわ天 | 101 | | | | ○ | ○ | | | | | | | | | | | | | | | ○ | | | | | | | | | |
| 単品たぬき | 121 | | | | ○ | | | | | | | | | | | | | | | | | | | | | | | | | |
| 単品きつね | 90 | | | | ○ | | | | | | | | | | | | | | | | ○ | | | | | | | | | |
| 単品山菜 | 20 | | | | ○ | | | | | | | | | | | | | | | | ○ | | | | | | | | | |
| 単品たまご | 78 | | | | | ○ | | | | | | | | | | | | | | | | | | | | | | | | |
| 単品半熟玉子 | 62 | | | | | ○ | | | | | | | | | | | | | | | | | | | | | | | | |
| 単品おろし | 10 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

| 商品名称 | カロリー | アレルギー | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| | | 特定原材料 8品目 | | | | | | | 特定原材料に準ずるもの 20品目 | | | | | | | | | | | | | | | | | | | | | |
| | | えび | かに | くるみ | 小麦 | そば | 卵 | 乳成分 | 落花生 | アーモンド | あわび | いか | いくら | オレンジ | ナッツ | カシュー | フルーツ | 牛肉 | ごま | さけ | さば | 大豆 | 鶏肉 | バナナ | 豚肉 | まつたけ | もも | やまいも | りんご | ゼラチン |
| | | Shrimp | Crab | Walnut | Wheat | Buckwheat | Egg | Milk ingredients | Peanut | Almond | Abalone | Squid | Salmon roe | Orange | Cashew nut | Kiwi fruit | Beef | Sesame | Salmon | Mackerel | Soybean | Chicken | Banana | Pork | Matsutake mushroom | Peach | Wild yam | Apple | Gelatin | |
| 1食あたり (kcal) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | |
| 単品わかめ | 4 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 単品チャーシュー | 100 | | | | ○ | | ○ | | | | | | | | | | | | | | ○ | | | ○ | | | | | | |
| 単品豚肉 | 183 | | | | ○ | | | | | | | | | | | | | | | | ○ | | | ○ | | | | | ○ | |
| 単品薬味ねぎ | 11 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 単品刻み海苔 | 8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 単品鴨肉 | 125 | | | | ○ | | | | | | | | | | | | | | | | ○ | | | | | | | | | |
| 【卓上品】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 七味唐辛子（卓上）カロリーは1gあたり | 4 | | | | | | | | | | | | | | | | | | ○ | | | | | | | | | | | |
| いりごま白（卓上）カロリーは1gあたり | 6 | | | | | | | | | | | | | | | | | | ○ | | | | | | | | | | | |
| 醤油（卓上）カロリーは5ccあたり | 4 | | | | ○ | | | | | | | | | | | | | | | | ○ | | | | | | | | | |
| コシヨー（卓上）カロリーは1gあたり | 4 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 【店舗限定メニュー（立川）】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| おでんそば（さつま揚げ） | 451 | | | | ○ | ○ | ○ | | | | | | | | | | | | | | ○ | ○ | | | | | | ○ | | |
| おでんそば（がんもどき） | 499 | | | | ○ | ○ | ○ | | | | | | | | | | | | ○ | | ○ | ○ | | | | | | ○ | | |
| おでんそば（たまご） | 504 | | | | ○ | ○ | ○ | | | | | | | | | | | | | | ○ | ○ | | | | | | ○ | | |
| おでんそば（たまご、がんもどき） | 503 | | | | ○ | ○ | ○ | | | | | | | | | | | | ○ | | ○ | ○ | | | | | | ○ | | |
| おでんうどん（さつま揚げ） | 391 | | | | ○ | | | | | | | | | | | | | | | | ○ | ○ | | | | | | | | |

| 商品名称 | カロリー | アレルギー | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| | | 特定原材料 8品目 | | | | | | | 特定原材料に準ずるもの 20品目 | | | | | | | | | | | | | | | | | | | | | |
| | | えび | かに | くるみ | 小麦 | そば | 卵 | 乳成分 | 落花生 | アーモンド | あわび | いか | いくら | オレンジ | ナッツ | カシュー | フルーツ | 牛肉 | ごま | さけ | さば | 大豆 | 鶏肉 | バナナ | 豚肉 | まつたけ | もも | やまいも | りんご | ゼラチン |
| | | Shrimp | Crab | Walnut | Wheat | Buckwheat | Egg | Milk ingredients | Peanut | Almond | Abalone | Squid | Salmon roe | Orange | Cashew nut | Kiwi fruit | Beef | Sesame | Salmon | Mackerel | Soybean | Chicken | Banana | Pork | Matsutake mushroom | Peach | Wild Yam | Apple | Gelatin | |
| 1食当たり (kcal) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | |
| おでんうどん (がんもどき) | 439 | | | | ○ | | | | | | | | | | | | | ○ | | ○ | ○ | | | | | | | | | |
| おでんうどん (たまご) | 443 | | | | ○ | ○ | | | | | | | | | | | | | | ○ | ○ | | | | | | | | | |
| おでんうどん (たまご、がんもどき) | 442 | | | | ○ | ○ | | | | | | | | | | | | ○ | | ○ | ○ | | | | | | | | | |
| 単品さつま揚げ | 105 | | | | ○ | | | | | | | | | | | | | | | ○ | ○ | | | | | | | | | |
| 単品がんもどき | 78 | | | | ○ | | | | | | | | | | | | | ○ | | ○ | ○ | | | | | | | | | |
| 単品煮たまご | 79 | | | | ○ | ○ | | | | | | | | | | | | | | ○ | ○ | | | | | | | | | |
| 【店舗限定メニュー (土浦)】 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ミニまんぶく豚丼 | 495 | | | | ○ | ○ | | | | | | | | | | | | | | | ○ | ○ | | ○ | | | | | | ○ |